Position the Sigil close to the heart area under your bed for three days.

After three days remove the Sigil and

place it in your room.

Use the Sigil to cleanse the heart's energy with the mantra:

TO - RA - TA - GA - DI

This sacred ritual promotes purification within the heart, heals past karma, purifies old wounds, and revitalizes the heart's vitality. To sustain its effects, chant the mantra to the artwork daily for 60 days after removing it from beneath the bed. Embrace this practice to unlock your heart and attract love into your life.